

## Top 10 Medical Conditions

Listed below are medical conditions that can delay an application for credentials or cause an application to be denied. If you have one of these conditions, please review [NVIC 04-08 Enclosure 3](#), recommended evaluation guidelines, with your doctor so that he/she may address the issue.

1. Cardiovascular Conditions
2. Diabetes
3. Psychiatric Disorders
4. Sleep Disorders
5. Chronic Use of Impairing Medications
6. Impaired Hearing
7. Alcohol/Drug Abuse
8. Seizures
9. Vision Requirements
10. Pulmonary Conditions

*It is extremely important that you provide supporting medical documentation from your doctor if you have one or more of the above-mentioned medical conditions.*

**Awaiting Information (AI):** An AI letter requests additional information from the mariner in order to clarify a medical diagnosis, condition, or specific medication use. NMC may request history, current status report, diagnostic testing, etc., to obtain a more precise picture of the mariner's health and fitness.

The majority (90 percent) of physical examination forms (CG-719K) received at the NMC are submitted with little or no information clarifying the noted diagnosis, condition and/or medication.

The National Maritime Center (NMC) Medical Evaluation Division is responsible for evaluating fitness for certification of all merchant mariners in order to minimize safety risk to the Mariner Transportation System. Without the requested additional information, the NMC is unable to make an appropriate determination as to the mariner's fitness for certification. It is imperative that the mariner submit a complete package of all requested information to the NMC to avoid further delay.