

Physical Examination Checklist

When completing the CG-719K or CG-719K/E form, ensure that all blocks are filled in. Forms with missing information will incur delays in processing.

- **Section II Medical Conditions:** Review and verify the medical history as reported by the mariner. Medical practitioner should provide details of conditions as indicated on the form and aid the mariner in submitting the supporting medical documentation needed for the noted conditions. The requirements for this supporting documentation are listed in NVIC 04-08.
- **Section III Medications:** Verify that ALL medications, vitamins, dietary supplements and/or performance enhancing substances are listed with dosage and frequency. This includes both prescription and non-prescription substances.
 - See the [TOP 10 MEDICAL CONDITIONS](#) section of the NMC website for more information including supporting documentation requirements and evaluation information. For information and requirements for other conditions, see [NVIC 04-08](#).
 - Failure to provide the supporting medical documentation for noted conditions can lead to **significant** delays in processing and evaluation.
- **Section IV(a) Visual Acuity:** Ensure that both corrected AND uncorrected visual acuity is recorded, if applicable.
- **Section IV(b) Color Vision:** Ensure that test name and results are clearly marked. Use of color-sensing lenses is not authorized. Please contact the NMC for any questions regarding the tests listed or to determine if an alternative test is acceptable, prior to submitting the form.
- **Section V Hearing:** Instructions as follows:
 - *Hearing Test* - If the medical practitioner conducting the general medical exam has concerns that an applicant's ability to hear may impact maritime safety, the examining medical practitioner, if not qualified to conduct the appropriate examinations, must refer the applicant to an audiologist or other hearing specialist to conduct an audiometer test and/or speech discrimination test, as appropriate.

- The audiometer test should include testing at the following thresholds: 500 Hz, 1,000 Hz, 2,000 Hz, and 3,000 Hz. The frequency responses for each ear should be averaged to determine the measure of an applicant's hearing ability. Applicants must demonstrate an unaided threshold of 30 decibels in the better ear.
- The functional speech discrimination (FSD) test should be carried out at a level of 65 decibels. For issuance of an original MMC or endorsement, the applicant must demonstrate functional speech discrimination of at least 90 percent. For renewal or raise of grade, the applicant must demonstrate functional speech discrimination of at least 80 percent. An applicant who is unable to meet the standards of the audiometer test, but who can pass the functional speech discrimination test, may be eligible for a medical waiver in accordance with paragraph (g) of this section.
- **Section VI Physical Information/Physical Examination:**
 - Please ensure that all boxes are completed. Please use the Comments Section to describe any abnormalities found on physical examination .
- **Section VIII Demonstration of Physical Ability:**
 - If the examining medical practitioner doubts the applicant's ability to meet the guidelines contained within this table, the practitioner should require that the applicant demonstrate the ability to meet the guidelines.
 - All demonstrations of ability should be performed by the applicant without assistance.
 - Any prosthesis normally worn by the applicant and other aid devices such as prescription glasses may be used by the applicant in all physical demonstrations except when the use of such would prevent the proper wearing of mandated personal protective equipment (PPE).
 - If an applicant is unable to meet any of the guidelines contained within the table on page 2 CG-719K Instructions, the examining medical practitioner should provide information on the degree or severity of the applicant's inability to meet the guidelines.